

Programs Within the Friendship Centre

Healthy Babies Healthy Children

Prenatal Program

Akwe:go Program

FAS Community Support

Family Support Program

Cultural Resource

Youth in Transition

Youth Life Promotions

Wasa Nabin /Waaban/Healthy Kids

Healthy Living Program

Healing and Wellness Program

Kizhaay Anishinaabe Niin

Life Long Care Program

Health Outreach Program

Criminal Court/Justice/

Probation Program

Family Court Program

Employment and Training

Children's Mental Health Program

Suswin Housing Navigator

Nishnawbe Aski Legal

Urban Aboriginal Strategy

Other Services in the North Bay Area

Crisis Shelter

**1675 Cassells Street, North Bay
(705) 474-1031**

**Nipissing Detoxification Centre
120 King St W, Unit A , North Bay
705-476-6240**

Crisis Intervention

1-800-352-1141

North Bay Regional Health Centre

**50 College Drive, North Bay
705-474-8600**

Indigenous Alcohol and Drug Program



North Bay Indigenous Friendship Centre

*"To improve the quality of life for
First Nation, Metis, and Inuit people
in the urban environment"*

**980 Cassells Street
North Bay, Ontario
P1B 4A8
705-472-2811 ext. 217
Fax- 705-472-5251
daw@nbifc.org**

Alcohol and Drug Program

Program Description

This Program is designed as a community based assessment, referral and support program for people desiring to improve their quality of life by moving away from the addiction lifestyles.

The program also provides alternatives to alcohol and substance abuse through family and community based activities and events which promote a healthy lifestyle.

Promote a culturally appropriate system of addiction treatment services and programs for people with alcohol and drug abuse problems.

Services Provided

- **Community Agency & Treatment Referrals**
- **ADAT Assessments**
- **Relapse Prevention & After Care**
- **Life Skills Workshops**
- **Supports and Counseling**
- **Support Circles, Education and Information Based Programming**

Mission Statement

The mission of the North Bay Indigenous Friendship Centre is to improve the quality of life for First Nation, Metis, and Inuit people in the urban environment of North Bay.

The North Bay Indigenous Friendship Centre provides a wide array of programs and services to support people of all ages. An important part of our mandate is to serve as a Gathering Place.

The NBIFC invites all community members to visit the Centre and to participate in the many communal activities that are held throughout the year.

