

## **ADDITIONAL SUPPORT WITHIN NBIFC**

- Healthy Babies Healthy Children
- Prenatal Nutrition Program
- Akwe:go Program
- FASD Community Support
- Family Support Program
- Cultural Connection for Aboriginal Youth
- Wasa Nabin /Waaban
- Healthy Living Program
- Healing and Wellness Program
- Kizhaay Anishinaabe Niin
- Life Long Care Program
- Health Outreach Program
- Criminal Court Program
- Family Court Program
- Employment and Training
- Children's Mental Health Program

**(705) 472-2811**

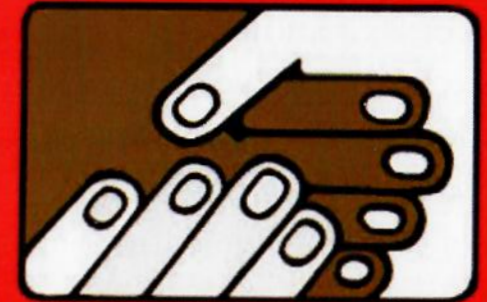
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**“TO IMPROVE  
THE QUALITY  
LIFE OF  
FIRST NATION,  
METIS, AND  
INUIT PEOPLE  
IN THE URBAN  
ENVIROMENT “**

## **North Bay Indigenous Friendship Center**

**Youth Life  
Promotion Worker**

**YLP  
Adrian Trudeau**



## **Youth Life Promotion Worker**

- The Youth Life Promotion is founded on principles of; Self-determination and Cultural reclamation
- A core aspect of the YLP are youth culture camps. The camps will provide youth with access to water and land based activities. One to one supports will be provided to individuals prior to activities
- Another aspect is facilitating access to knowledge exchange with elders and traditional knowledge keepers. The activities will include active hands on learning while being on the land

## **PROGRAM GOAL**

- To support the holistic development and provide a continuum of care services for youth at-risk. As well as addressing physical, mental, emotional, spiritual health and well-being

## **PROGRAM OBJECTIVES**

- ◆ Gain access to supports to nurture and sustain well-being
- ◆ Learn new tools in understanding problem-solving and decision making
- ◆ Be immersed in Indigenous knowledge and rewards
- ◆ Gain access to ceremonies, medicines, languages, teachings and traditional foods
- ◆ Gain access to water and land-based skills and cultural practices

## **PROGRAM ACTIVITIES**

- Promote and support positive values, attitudes and behaviours of program
- Encourage participation of two-spirit and Indigenous LGBT+ youth to participate in programs
- Promote Indigenous right to self-determination and leadership
- Incorporate knowledge of traditional medicines, food, and clothing
- Promote cultural languages, reclamation, and ceremonial practices